



# Wairarapa Positive Ageing Strategy update #3

Date: December 2018

From: South Wairarapa, Carterton and Masterton District Councils

If you missed our Positive Ageing Strategy update #1 or #2, go to your local Council website and search *Positive Ageing Strategy* or email us back for your copy.

## What we've been up to this month

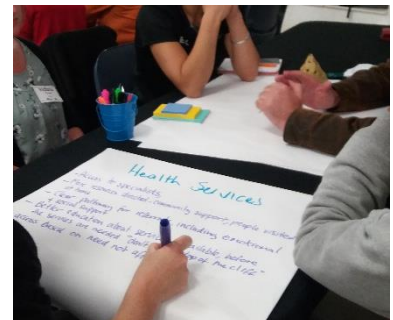
This month we have continued with interviews and focus groups.

The **Menzshed** hosted a focus group last month and 25 members turned out to provide insightful and practical feedback. Like many of you, the members would like to see changes in transport, access to health services and improved access to digital services.



We also hosted a **community workshop** attended by 36 people representing a wide range of organisations to:

- Share results of community consultation on the Positive Ageing Strategy to date
- Identify opportunities, strategies and actions that will make the most difference for our positively ageing community



The group developed dozens of ideas and here's just a few:

- Celebrate and normalise ageing – not labelling it as something negative
- Improved advice to Councils about older adults through advisory groups, meetings, consultation
- Greater investment in urban design that supports our great parks network, a connected community, accessible journeys, planning for mobility scooters
- A stocktake of services for older adults and share this with everyone

## What's next

Over summer, we will be continuing consultation with Māori. We are also planning workshops with Council staff and Councillors for February and March to update them on your contributions and to develop the draft strategy. We look forward to sending this to you in May for your feedback.



CARTERTON  
DISTRICT COUNCIL



## Resident survey closing on 31<sup>st</sup> December

So far we have received nearly 400 responses from our surveys with lots of great information. Please invite your friends and family to take the survey over Christmas [www.surveymonkey.com/r/PositiveAge](http://www.surveymonkey.com/r/PositiveAge). For paper copies visit District Council libraries, information centres and offices.

Who has answered the survey?

- 45% are under 65
- 43% have lived here less than ten years
- 54% of you own your own homes
- 90% are European
- 74% are women



Thanks to everyone who has contributed. Here's just a tiny snippet of some of the comments we have received. We welcome them all and read every one.

*More public seating [in parks]. More sheltered areas out of the wind sun rain. Path surfaces suitable for walking sticks, walking frames.*

*All Wairarapa towns have good parks and walkways.*

*I think that this council should seriously look at alternative housing schemes.*

*Thanks for giving people the chance to make comment.*

*Treat people as human beings not numbers. Each one is an individual.*

*Hopefully future generations will realise how much us oldies have to offer, with our experience of life and strategies for dealing with major problems*

If you have any questions, or would like to be kept updated, please go to your local District Council website or contact:

- South Wairarapa District Council: [enquiries@swdc.govt.nz](mailto:enquiries@swdc.govt.nz)
- Carterton District Council: [gerry@cdc.govt.nz](mailto:gerry@cdc.govt.nz)
- Masterton District Council: [aaronb@mdc.govt.nz](mailto:aaronb@mdc.govt.nz); [hoanip@mdc.govt.nz](mailto:hoanip@mdc.govt.nz)

If you'd like to find out more about Positive Ageing Strategies in New Zealand and internationally, go to <http://www.superseniors.msd.govt.nz/age-friendly-communities/index.html>

All work on this project is:

- Aligned with Office for Seniors best practice
- Based on the World Health Organisation Age-Friendly cities guidelines
- Designed for cross-Council involvement and participation