
WORLD RECORD STATUS COMPETITION – MASTERTON 2012

INTRODUCTION

Kathryn Nevatt is a Martinborough based freediver who trains regularly at the Masterton Genesis Energy Recreation Centre and at the Lido in Palmerston North, also managed by CLM. She is reigning World Champion in Static Apnea and can hold her breath for 7 minutes 34 seconds. She is a previous World Record holder and is currently ranked world number one in Dynamic without fins swimming 163m breaststroke underwater on a single breath (six and a half lengths). Kathryn's national record in this event exceeds the world record by 3 meters.

The Breath Takers Freediving Club (Wairarapa/Manawatu) would like to hold a World Record status Freediving Competition at the Masterton Genesis Energy Recreation Centre to give Kathryn the opportunity to officially set a World Record in the event of Dynamic without fins, to promote the sport of freediving in the Wairarapa and to bring an inspiring and unique sporting event to Masterton. As well as the World Record, Kathryn aims to break National records in Static apnea (breath hold time: 7:34s) and Dynamic apnea (horizontal distance swum on a single breath wearing a monofin: 200m). The competition will be endorsed by the freediving national body: AIDA New Zealand Incorporated, and the international body: AIDA International.

We are working with Gary Caffell to secure the support of the Masterton District Council for the event.

Preliminary dates for the proposed competition are **9-14 November 2012**, however are subject to change depending on availability of judges and funding. The main competition will occur over the weekend but additional sessions will be available in case the record proves elusive.

Kathryn has enjoyed the enthusiasm of the Masterton locals at the pool and feels that the pool set up is perfect to fulfil her goals.



WHAT'S INVOLVED?

To set a World Record under AIDA International freediving competition rules there must be a minimum of two judges in attendance. One must be a B-level or higher and one must be of a different nationality to the host country. This involves flying in at least one judge from either Australia or the USA.

A "medic" must be on hand. Under the regulations the minimum qualification for the medic is a pool lifeguard. We always ensure that the "medic" is solely dedicated to the competition.

A safety diver is in water with every diver to ensure that if there is a problem the diver is brought to the surface rapidly and treated as necessary. The safety diver will be a competent freediver with a good knowledge of the sport.

A videographer films every dive as evidence of any records and for review in case of protest.

All officials must be transported, accommodated and fed at the organiser's expense.

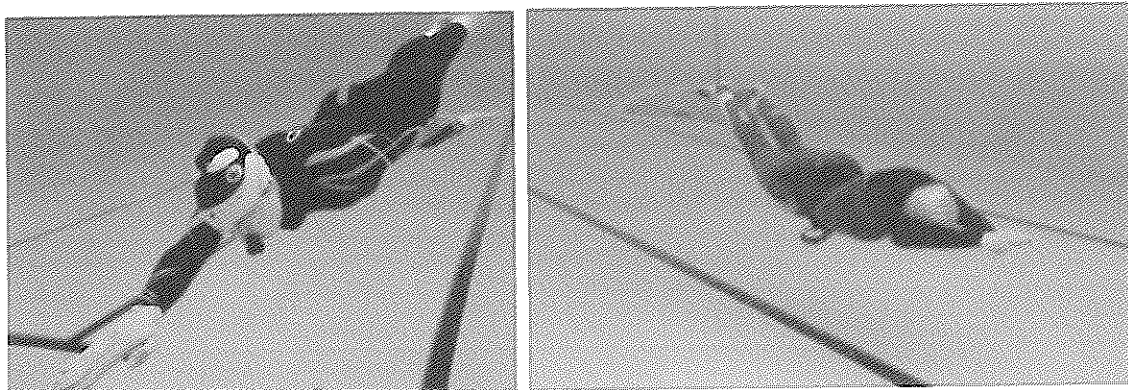
A doping test is carried out if a World Record is broken.

We will promote the event through press releases. The Wairarapa Times Age, the Dominion Post, the Sunday programme, Close Up, Radio NZ and local radio have all expressed interest in the last few months. We want to ensure good public involvement at the weekend competition and draw people in to the pool. We aim to have a commentator with a loud speaker for dynamic events over the weekend.

We would like to be able to offer an area for sponsors to set up stalls to promote their products.

Competitors will come from throughout New Zealand and possibly Australia. There are active divers in Wellington, Auckland and Christchurch. World record holding freediver Dave Mullins will be invited to attempt to break men's World Records in Dynamic and Dynamic without fins. We also have a Recreation grade for new divers to participate.

Divers compete one at a time. They each are allocated an "official top time" or start time in advance of the session and have a 10 second window in which to commence their dive without penalty.



PRELIMINARY SCHEDULE

session	day	Pool requirements	Preliminary timing	Lane(s) in main pool
1	Friday	Warm up – 1 lane, 30 minutes Competition – 2 lanes, 1 hour	9:30 – 10:00 am 10:00 – 11:00 am	1 1 & 2
2	Saturday	Warm up – 1 lane, 30 minutes Competition – 3 lanes, 2.5 hours	9:30 – 10:00 am 10:00 – 12:30 pm	1 1-3
3	Saturday	Warm up – 1 lane, 30 minutes Competition – 3 lanes, 1.5 hours	4:00 - 4:30 pm 4:30 – 6 pm	1 1-3
4	Sunday	Warm up – 1 lane, 30 minutes Competition – 3 lanes, 2.5 hours	9:00 – 9:30 am 9:30 – 12:00 pm	1 1-3
5	Tuesday	Warm up – 1 lane, 30 minutes Competition – 2 lanes, 1 hour	9:30 – 10:00 am 10:00 – 11:00 am	1 1 & 2
6	Wednesday	Warm up – 1 lane, 30 minutes Competition – 2 lanes, 1 hour	9:30 – 10:00 am 10:00 – 11:00 am	1 1 & 2

Other lanes in the pool could be used for public swimming consecutively, but during competition we would rather not have the aqua run, aquarobics or other noisy activities going on in the adjacent lanes.

PRELIMINARY BUDGET

Description	quantity	Estimated rate	Estimated totals
International judge's flights & insurance	1	\$2,300	\$ 2,300.00
Local judge, medic, safety diver, videographer travel costs	4	\$150	\$ 600.00
Officials' accommodation & food	30	\$100/day	\$ 3,000.00
Pool hire & entry	28	\$25	\$ 700.00
Medic costs (will be significantly more if we have to hire a medic from St John's for example)	1	\$100	\$ 100.00
Dope testing kit	1	500 Euro	\$ 800.00
Total budget			\$ 7,500.00

MORE INFORMATION

For more information, and details on how you can support this event, please contact:

Kathryn Nevatt www.freedivers.co.nz

ph 027 294 8620

Gary Caffell Gary.Caffell@age.co.nz
Ph 06 378 8156

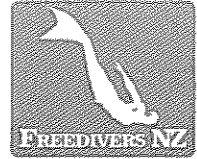


Kathryn Nevatt (formerly McPhee)

Freediving Resumé

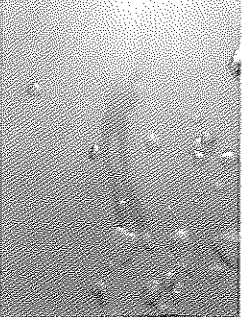
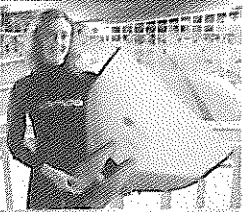
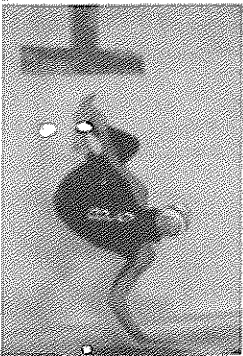
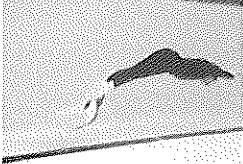
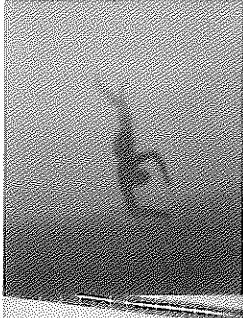
Kathryn has been freediving since 2004. She has gradually worked her way up from absolute beginner to one of the world's best. She is reigning World Champion in Static apnea and has a world number 1 ranking and Dynamic without fins. She has held a World record and a multitude of New Zealand and Oceanic records in all six competition disciplines.

Born: 27 July 1979, age 33
Resides: 35 Ferry Road, Martinborough
Contact: 027 294 8620 or divingkatfish@gmail.com
Website: www.Freedivers.co.nz



Results:

Discipline:	Result:	World ranking:	Record:
Dynamic apnea no fins	163m	1 st (all time)	National (unofficial world)
	156m		Oceanic
Static apnea	7:34	2 nd (all time)	National
	7:12		Oceanic
Dynamic apnea	194m	6 th (all time)	
Constant weight no fins	-52m		
Constant weight	-65m		National & Oceanic
Free Immersion	-58m		National & Oceanic



- 2012 Unofficial World record in Dynamic without fins: 163m
- 2011 AIDA Individual Indoor World Championships, Lignano, Italy:
 - Gold medal: Static apnea 7:12s
 - Silver medal: Dynamic apnea without fins 148 m
 - Fourth: Dynamic apnea 186 m
 AIDA International World's Best Female Freediver 2011 runner up
 1st in 2011 [AIDA World Rankings](#) women: Static & Dynamic without fins
- 2009 AIDA Individual Indoor World Championships, Aarhus, Denmark:
 - Silver medal: Static apnea 6:59s
 - Bronze medal: Dynamic apnea 194 m
 - Bronze medal: Dynamic apnea without fins 139m
- 2008-2009 World record in Dynamic without fins: 151m
 4 unofficial world records in Dynamic without fins: 151, 154, 156, 159m
 Published in 2010 Guinness Book of World Records
- 2008 Voted "World's best female freediver" in ICARE awards.

Support work

- 2005-2009 [Lazy Seal Freediving Club](#) in Wellington
 Coaching, instruction, organisation (trainings, national competitions, courses, camps and safety education) and administration
- 2007-2009 [AIDA NZ](#) (national body for freediving), Board member
- 2008-now Remote coaching service for high level divers internationally
- 2010-now Presents introductory freediving courses (www.Freedivers.co.nz)
- 2011-now Coaching & organisation of training sessions in Palmerston North
- 2011-now AIDA International E-level judge

2012 Goals

- To reach 8 minutes in static apnea
- To regain the World Record (officially or unofficially) in Dynamic without fins (currently 160m)
- To regain the National/Oceanic record Dynamic with fins (currently 200m)
- To promote the sport of freediving and increase levels of active involvement in New Zealand
- To see more remote students winning medals at World Championship events

Sponsors

[Orca](#) [Firecrest Systems](#) [Dogtooth DiveFuel](#)

Career

Registered Architect, [Proarch Architects Limited](#), Palmerston North

- Dates likely to be 2-7 November due to international judge availability
- Support received from Masterton District Council, Trust House, Wairarapa Sports Education Trust.