





## Positive Ageing Strategy Update

## December 2020

Thank you to those of you who got in touch after the October update.

The Positive Ageing Strategy work continues to progress. Outlined below are some examples of the work happening across the three Councils to implement the strategy.

- Improvement to public spaces South Wairarapa District Council have installed
  easy access steps in the Greytown Pool to enable people to safely exit the pool
  instead of using the ladder. Masterton District Council has fitted handrails in the
  shower cubicles and purchased a smaller mobility hoist to enable transition from
  chairs to table in the change cubicles at Trust House Recreation Centre.
- Improved pathway access Masterton
   District Council has refurbished the
   pathway from Memorial Drive carpark to
   Douglas Villa Clubrooms to allow for better
   wheelchair access.
- Footpath prioritisation process South
  Wairarapa District Council and Masterton
  District Council have mapped locations
  relevant to older people and will use these
  in their footpath prioritisation process.
  Carterton District Council has also
  identified further areas of footpaths that
  may pose as a trip hazard. Some of these
  areas were highlighted by the community



Outdoor gym equipment installed in South Wairarapa Park in September

- after the Council put a call out on social media last month to help identify health and safety hazards.
- Website upgrade Both Masterton District Council and South Wairarapa District Council are developing new websites to ensure accessibility is improved. Carterton District Council's website was reviewed and is working on the recommendations.
- Involvement in decision making South Wairarapa District Council hosted a workshop for older persons as part of their Long-term Plan engagement process.
- Treaty of Waitangi training Senior staff and Councillors from Carterton District Council attended Treaty of Waitangi training and toured significant sites in the area with mana whenua representatives.
- Accessible housing Masterton District Council installed a unit at Panama Village with handrails in the porch, living area and bathroom.

If you have any questions, or would like to updated, please contact Lisa Matthews, Regional Positive Ageing Strategy Co-ordinator lisa@cdc.govt.nz or 027 444 1887.

## **Positive Ageing Strategy**

For those of you who don't know about the Strategy or need a reminder; the aim of the Strategy is to improve and integrate council services for older people to help them lead valued, connected and fulfilling lives.

The strategy features six strategic goals that are areas of council focus over the medium to long-term including: community support and health services, communication and engagement, transport, cultural diversity, housing, and places, spaces and activities.

You can read the full Strategy document on your Council website.



If you'd like to find out more about Positive Ageing Strategies in New Zealand and internationally, go to <a href="https://www.superseniors.msd.govt.nz/age-friendlycommunities/index.html">www.superseniors.msd.govt.nz/age-friendlycommunities/index.html</a>

All work on this project is:

- Aligned with Office for Seniors best practice
- Based on the World Health Organisation Age-Friendly cities guidelines
- Designed for cross-Council involvement and participation

